



Munch a Lunch is back for another year!!

Our fabulous PAC volunteers will be teaming up on Fridays to offer lunch to our students, as well as once a month offering a Wednesday option!

This session will take us right up to the winter break.

Returning parents please click <https://munchalunch.com/login> to access your account. New parents, please visit <https://munchalunch.com/schools/FrankRoss> to set up your account. You will need to enter your child's grade and teacher for the hot lunch to be delivered correctly.

Orders must be placed by the Thursday. before, so orders for **Friday, September 27** must be received by **Thursday, September 19**. You may either pay online by credit card or indicate that you will be paying by cheque; then sending cash or cheque to the office or using e-transfer. Cheques must be made out to **EFR PAC** and if you are choosing to pay by e-transfer, please note that the address to use is now [ecolefrankrosspac@gmail.com](mailto:ecolefrankrosspac@gmail.com)

The lunches are as follows:

Friday, September 27	Pizza Hut
Friday, October 4	Edo Japan
Friday, October 11	Chopped Leaf
Friday, October 18	Tim Hortons
Wednesday, October 23	Hot dogs – EFR Kitchen
Friday, November 1	Subway
Friday, November 8	Safeway
Wednesday, November 13	Taco in a Bag – EFR Kitchen
Friday, November 15	Boston Pizza
Friday, November 22	Pizza Hut
Friday, November 29	Edo Japan
Friday, December 6	Chopped Leaf
Wednesday, December 11	Snack pack – EFR kitchen
Friday, December 13	Tim Hortons
Friday, December 20	Subway

If you need assistance funding hot lunch, please contact the office.